

# Ozarks Food Harvest

*Transforming Hunger into Hope™*

When I am hungry, I ask my mom and she says we don't have nothing. We're supposed to have a full refrigerator but we don't. I don't like it when I'm hungry.

-Blake, age 7



O Z A R K S  
**Food Harvest**

The Food Bank

## Did you Know?

- 65% of schools in Ozarks Food Harvest's 29 County service area have more than 50% participation in the school free and reduced meal program.
- Even periodic hunger can lead to growth retardation, weak immunity, obesity, limited cognitive development and emotional problems.
- In Missouri, 1 in 3 children (or 34%) live in families where no parent has full-time, year-round employment.

**You can help feed hungry children in the Ozarks!  
Place your non-perishable food donations here.**