



Media Release

For Immediate Release
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Media Contact:
[Lindsey Neddenriep](mailto:Lindsey.Neddenriep@ozarksfoodharvest.org), (417) 865-3411, ext. 110

Springfield's first-ever "Food Day" for OFH is downtown Saturday

Live music, food sampling, children's activities & more all for just \$2 or a food donation

SPRINGFIELD, Mo.—The new national holiday—Food Day—is being celebrated locally this Saturday, Oct. 22, in downtown Springfield, and it's all benefitting Ozarks Food Harvest.

Community members can attend the fall food festival in the Wilhoit Plaza parking lot at Jefferson and Elm between 10 a.m. and 6 p.m. Saturday. Admission is only \$2 or one nonperishable food donation, per person, for Ozarks Food Harvest.

Local, sustainable and healthy food sampling and cooking demonstrations will be featured, along with a children's play area. Live music will be provided by The HillBenders, Solid Groove, Fly By Night and Buddha's Groove Shoes, and a free film festival at the Moxie is also available to Food Day attendees. A beer garden will be on site.

Ozarks Food Harvest volunteers will be at entrances accepting the food donations.

Area grocers are also collecting food donations for Ozarks Food Harvest throughout October in celebration of National Food Day. Participating stores include Dillon Stores, Mama Jean's Natural Market and Smillie's.

In honor of National Food Day, Ozarks Food Harvest is hosting a public tour of its warehouse at 2810 N. Cedarbrook Ave. in Springfield on Monday, Oct. 24 at 2 p.m.

The Food Day Celebration is part of a new national holiday on Monday, Oct. 24, Food Day. It is coordinated nationally by the Center for Science in the Public Interest. Food Day encourages individuals to "eat real" and focuses on alleviating hunger, promoting nutrition and supporting local, sustainable foods. Learn more about Springfield Food Day at fooddaycelebration.com or foodday.com.

Ozarks Food Harvest is the Feeding America food bank for southwest Missouri, serving more than 300 hunger relief organizations across 28 Ozarks counties in addition to long-term relief sites in Joplin. The Food Bank reaches 20,000 individuals weekly and distributes one million pounds of food monthly. OFH was named the 2011 Small Business of the Year by the Springfield Area Chamber of Commerce. Learn more at ozarksfoodharvest.org and at facebook.com/ozarksfoodharvest.

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Transform Hunger into Hope™ at ozarksfoodharvest.org

Ozarks Food Harvest | P.O. Box 5746 | 2810 N. Cedarbrook Ave. | Springfield, MO 65801-5746 | P (417) 865-3411 | F (417) 865-0504