

hunger action month: 30 ways in 30 days

september 2010

Ozarks Food Harvest—The Food Bank



30 ways to help your hungry Ozarks neighbors in 30 days.

State-wide food drive through Sept. 11

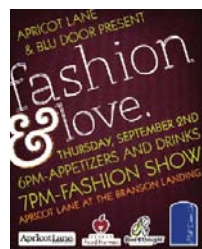
Support Ozarks Food Harvest in the 9-11 Day of Service and Remembrance effort by making a secure online donation to Missouri's first-ever state-wide online drive at ozarksfoodharvest.org



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Fashion & LOVE event for the Weekend Backpack Program™

Join local designer, Blue Door Co. at retailer Apricot Lane at the Branson Landing at 6 p.m. on Thurs. Sept. 2nd. Free refreshments & fashion show!



open volunteer day at OFH: sort food between 10 & 2 on the 1st Saturday of the month

Greater Springfield Farmers' Market



purchase produce for those in need & donate it to OFH at the Harvest on Wheels booth—they'll deliver it to The Food Bank for you!

MSU TKE Food Drive at Walmart on Independence

make a gift to OFH's Feeding Seniors Initiative in honor of Grandparents Day

send this calendar to a friend, along with a note to take the Hunger Action Month Pledge

learn more about hunger in the Ozarks—read the 2010 Hunger Study at ozarksfoodharvest.org/hungerstudy.html



facility tours call to schedule

1st anniversary of the O'Reilly Center for Hunger Relief dedication

visit your community food bank at 2810 N. Cedarbrook Ave. just N. of Kearney between Glenstone & 65, off of Neergard

Round-Up from the Heart®

Round-Up from the Heart with Pampered Chef! Buy the 2010 decorative trivet (or any item & round up to the next dollar) & proceeds will benefit The Food Bank!

plus download a free celebrity cookbook at pamperedchef.com & a meal will be donated on your behalf.



10-12 Saturday, September 18, 2010 Greater Springfield Farmers Market at the Horseshoe Mall parking lot

donate canned soups for those in need & try yummy soups by local restaurants



don't forget your nonperishable food items to donate to the food drive!



macaroni monday! hold a macaroni food drive at work & allow co-workers to wear jeans in exchange -OR- host beans for jeans!

roll up your sleeves in Ozarks Food Harvest's Volunteer Services Center

417.865.3411 x114 or jsickingier@ozarksfoodharvest.org to schedule your group's volunteer session on a Tuesday evening!

for a complete listing of Sept. food drives, visit ozarksfoodharvest.org/events.html

fall into giving: for every dollar donated The Food Bank provides \$10 worth of food distribution

give securely online at ozarksfoodharvest.org

did you know: volunteering just one hour at OFH helps feed 105 people a meal!

ozarksfoodharvest.org/volunteer.html

for every purchase of a Shop for a Cause savings pass at Macy's, 100% of proceeds goes to Ozarks Food Harvest

MSU Into the Streets

for every purchase of a Shop for a Cause savings pass at Macy's, 100% of proceeds goes to Ozarks Food Harvest



donate food at your local Walgreens starting next week

tuna tuesday! miss out on last week's food drive? donate Tuna to The Food Bank & get your friends or company involved.



only spend \$7 on food today & feel what it's like to live on food stamps



last day to take the Hunger Action Month Pledge at hungeractionmonth.org

remember, the food bank to collect the most pledges during Sept. will win a truckload of food!

*look for Ozarks Food Harvest at The EXPO on the 7th next month!

HUNGER ACTION MONTH

FEEDING AMERICA

For more information on any of these ideas, visit ozarksfoodharvest.org or call Lindsey at 417-865-3411 x110. Let us know if you plan on taking Action during HAM 2010: Ineddenriep@ozarksfoodharvest.org.

transform hunger into hope™ at ozarksfoodharvest.org